

CAMP DIRECTOR

Pat Kendrick

Head Women's Coach – 24 seasons



TECHNICAL DIRECTORS

Fred Chao

Head Men's Coach – 11 seasons



Dottie Porch

Asst. Women's Coach – 2 seasons



CAMP STAFF

The **Patriot Volleyball Camp** is entering its 26th year. Coaches Kendrick, Chao and Porch will once again rely on the expertise of the George Mason University Women and Men's Volleyball teams and other top coaches from the Northern Va. area.

With this talented staff on hand, the **Patriot Volleyball Camp** will offer *challenging* and *fun* instruction.

Setter Camp

July 6-9

(5:30-9 pm)

(Girls entering grades 10 through 12)

- Setting mechanics
- Running an offense
- Video analysis

Hitter Camp

July 6-9

(5:30-9 pm)

(Girls entering grades 10 through 12)

- Hitting mechanics
- Shot selection
- Block transition to attack
- Video analysis

Passing/Defense Camp

July 10-12

(5:30-9 pm on Friday, 9am-3pm on weekend)

(Girls entering grades 10 through 12)

- Serve reception
- Floor defense
- Libero training

Individual All Skills Camps

(Girls entering grades 9 thru 12)

Session 1: July 13-16

(5:30-9 pm)

Session 2: July 17-19

(5:30-9 pm on Friday, 9am-3pm on weekend)

Session 3: July 20-23

(5:30 – 9 pm)

Elementary/Middle School

(Girls & Boys entering grades 5 thru 8)

Session 4: July 25-26

(9 am – 3 pm)

• Players in the *Individual All Skills Camp* will be placed in groups based on skill, which means it is possible teammates will not be in the same group.

• Emphasis will be on serving, setting, passing, attacking, defense, and game play.

****New for 2009****

Fred Chao High Performance

Camp

Girls (July 25-28)

(Girls entering grades 9 through 12)

Boys (July 30-August 2)

(Boys entering grades 7 through 12)

• All day, multi session camp for commuters and overnight athletes.

• Intense skill training for teams as well as individual players.

• Emphasis will be on improving individual skills as well as sideout and defensive transition capabilities.

• \$50 deposit required to hold spot in camp.

LOCATION

• The **Patriot Volleyball and Fred Chao High Performance Camps** will take place on the George Mason University Fairfax campus in either the *Recreation Sports Complex* or the *Physical Education Building*.

DRESS

Campers should dress ready to play in a T-shirt, shorts, kneepads (optional), and volleyball or court shoes. **For Passing/Defense Camp knee pads are recommended. Overnight campers will be instructed on what to bring before the start of camp.**

FACILITIES & FEATURES

- 10 Indoor Courts
- Fully equipped Athletic Training Room
- Camper to staff ratio: 10 to 1
- Camp T-shirt

WANT CAR POOL INFO? If yes, your e-mail and phone number will be given to those campers from the same city or attending the same school who are also requesting info.

NOTE: Graduating seniors are eligible to attend the PATRIOT VOLLEYBALL CAMP.



**PATRIOT VOLLEYBALL CAMP
REGISTRATION FORM**
(Please print clearly all information)

NAME: _____
 ADDRESS: _____
 CITY, ST, ZIP: _____
 PHONE #: _____
 E-MAIL: (Confirmation sent via email only) _____
 EMERGENCY CONTACT: _____
 PHONE #: _____
 NAME OF SCHOOL **and** GRADE IN FALL 2009 _____

INTERESTED IN CAR POOLING? _____

T-SHIRT SIZE: S M L XL (Adult sizes)

WAIVER RELEASE:

I hereby certify this camper is physically able to participate in all activities. I give my permission for a qualified athletic trainer and/or hospital personnel to administer necessary medical attention in case of injury. The Patriot Volleyball Camp and George Mason University assume no responsibility and will not be held liable for any accident resulting in medical, dental, or other expenses.

Signature of Parent/Guardian _____

DATE _____

MAIL TO:
 PATRIOT VOLLEYBALL CAMP
 GEORGE MASON UNIVERSITY
 4400 UNIVERSITY DRIVE, MSN 3A5
 FAIRFAX, VIRGINIA 22030-4444

EXPERIENCE LEVEL: (Please circle)

- 1) Beginner Intermediate Advanced
- 2) Most recently played: (Please circle) Freshman
 New Player Middle School JV Varsity

3) USA Volleyball Juniors Program:

Team Name: _____
 Age Group: _____
 # of years played: _____

4) House/Recreation Program:

Name: _____
 Age Group: _____
 # of years played: _____

I'm interested in attending: (Please check)

SPECIALTY CAMPS

____ July 6-9 (Setter/Hitter Camp)
Setter **Hitter** (circle only one)

____ July 10-12 (Passing/Defense Camp)

ALL SKILLS CAMP

____ #1: July 13-16 ____ #2: July 17-19
 ____ #3 July 20-23 ____ #4: July 25-26

FRED CHAO HIGH PERFORMANCE CAMP -

GIRLS

____ July 25-28 (commuter)
 ____ July 25-28 (overnight)

FRED CHAO HIGH PERFORMANCE CAMP -

BOYS

____ July 30-August 2 (commuter)
 ____ July 30-August 2 (overnight)

Register Early!

**EARLY REGISTRATION
DEADLINE:
JUNE 1, 2009**

**REGISTRATION CUT OFF
DATE:
JUNE 19, 2009**
(Call for availability after this date)

TUITION
 SETTER/HITTER AND HS ALL SKILLS
 CAMPS:

\$150 if registration is **postmarked** by June 1st
 \$160 if **postmarked** after June 1st

PASSING/DEFENSE CAMP:
 \$150 if registration is **postmarked** by June 1st
 \$160 if **postmarked** after June 1st

ALL SKILLS SESSION #4
ELEMENTARY/MIDDLE SCHOOL CAMP:
 \$110 if registration is **postmarked** by June 1st
 \$120 if **postmarked** after June 1st

FRED CHAO HIGH PERFORMANCE CAMPS
\$50 deposit due with registration
Balance due by July 6th
 \$400 for overnight
 \$350 for commuters

MAKE CHECKS PAYABLE TO:
Patriot Volleyball Camp

REFUND POLICY

There is a \$25 non-refundable administrative fee for all cancellations

(There will be a \$25 fee for all returned checks)

Check must accompany registration form

FOR MORE INFORMATION
 CALL: 703-993-3298

OR E-MAIL: pkendric@gmu.edu

**Starting in March, registration also
available online @ GoMason.com**
 (click the link for Inside Athletics)



**PATRIOT
VOLLEYBALL
CAMP**

At George Mason University